

What Can My Dog Eat During the Holidays?

No

- ✗ Turkey skin and ham
- ✗ Gravy
- ✗ Turkey stuffing/dressing
- ✗ Green bean casserole
- ✗ Pumpkin pie
- ✗ Sufganiyot
- ✗ Anything chocolatey (like gelt)
- ✗ Latkes
- ✗ Tamales
- ✗ Bacalao a la Vizcaína
- ✗ Jollof rice
- ✗ Any alcohol (like eggnog)

Yes

(If it's plain, without additives, sugar, salt, or seasonings, and chopped into small pieces)

- ✓ Roasted boneless and skinless chicken, turkey, and goose
- ✓ Brisket and pot roast
- ✓ Baked whitefish (no bones)
- ✓ Cranberry sauce
- ✓ Green beans and carrots
- ✓ Cooked okra and greens
- ✓ Mashed potatoes
- ✓ Sweet potato and pumpkin puree
- ✓ Baked or raw apples (without core and seeds)
- ✓ Whipped cream (without xylitol)
- ✓ Plantains (better if not fried)
- ✓ Cooked rice, millet, or quinoa



Happy eating!

Note: Always consult with a vet if you're unsure about giving any food to your pets. Even foods marked "safe" should be given in moderation without seasonings or additives. Make sure all foods are at a safe temperature—not too hot or too cold. While these foods are safe for most dogs, some pets may have specific dietary needs or sensitivities. Always introduce new foods in moderation and keep an eye out for any adverse reactions.